

# Building another world

## Taking inspiration from examples of real-life alternatives

### Overview

There are numerous alternatives to growth-oriented economic activity. Many people are already practising them in a variety of ways. Short examples provide the participants with an insight into these alternatives. To this end, they read the “building block cards” and discuss the examples depicted on them.




### Instructions

#### Preparation

For the building block cards, the texts and the pictures for the reverse are printed out double-sided. For repeated use, it is a good idea to laminate the cards.

#### Execution

1. The building block cards are either displayed throughout the room with the text facing up, or hung on the walls. The participants are invited to read a few examples which appeal to them and discuss them, working in pairs. They are given 20 minutes for this task.
2. The participants then come together in a plenary session, and comprehension questions can be asked.
3. Next, the participants are given 10 minutes in which to create their own building block cards answering the following questions: What do you already do in your life? What would you like to try out? These cards form the basis for the subsequent discussion.
4. The participants now come together in groups of 4. In these groups, they present their cards to each other and exchange views on them in the remaining time.

	8-30
	45-60 minutes
	Downloadable materials (< <a href="http://www.endlich-wachstum.de">www.endlich-wachstum.de</a> >): Building block cards, Paper, coloured pens
Variations	The exchange of views in stage 4 can also take the form of a stroll, in pairs, if time permits. After the stroll, the participants come together in a single group again, and the activity ends.
Tips for facilitators	The building block cards are particularly suited for use at the end of an event to promote self-efficacy. A comprehensive description of alternatives can be found e.g. in the books of Friederike Habermann and Peter Plöger (cf. recommended literature).
Suggestions for follow-up	The method “Wo geht’s hier weiter” (“Where do we go from here?”, chapter 5, currently only available in German - see < <a href="http://www.endlich-wachstum.de">www.endlich-wachstum.de</a> >) provides a more extensive exploration of some of the examples. The two methods work well in conjunction with each other.