

## Alarm clock

The alarm clock is made of plastic, an oil-based material.

## Hot shower

Countless families worldwide rely on oil to heat their homes and water.

Amine oxides, which are made from oil, are widely used in shampoos, shower gels and bath products as foam enhancers.

## Bread

Unless it is grown organically, the wheat used in the bread has been heavily fertilised. Chemicals from the oil industry are used in the manufacture of fertilisers and pesticides for agriculture. Furthermore, large amounts of fuel are consumed by tractors and other machines involved in producing the food we eat.

## Apple

Numerous fruit and vegetable varieties are waxed to keep them fresh and prolong their shelf life for transportation. This wax contains paraffin, a product of the oil industry. In addition, transporting fruit and vegetables across entire continents (e.g. from Spain to Germany) uses large amounts of oil.

## Clothes

Oil plays a major role in the clothing industry: raincoats, sportswear, shoes, in fact all items of clothing which contain nylon or other synthetic fibres are manufactured using oil.

## Washing machine

Both the plastic container and the substances which make up the detergent (unless it is organic) are oil-based. The same goes for the plastic parts of the washing machine.

## Cream

Face cream, lip balm, lipstick, lotions, nail polish, eye and face makeup, shower gels and shampoos, hairspray, hair gel and other cosmetics almost all consist mainly of oil and gas products.

## Bicycle

The average bicycle comprises around 18 different types of plastic. These all contain oil.

## Bus

Almost all of the world's motorised vehicles run on oil or natural gas. The interior of cars, buses and airplanes consists almost exclusively of plastic. 70% of every barrel of oil is processed to produce fuels such as petrol or diesel.

## Road

The tarmac used to surface roads consists largely of oil. 3% of worldwide oil production is used to make tarmac.

## Mobile phone

All of our electronic devices rely heavily on oil. Or have you ever seen a mobile phone made of wood?

## Fly

10% of worldwide oil production is used for aircraft fuel (kerosene). Air travel therefore plays a central role in the current debate about peak oil and climate change.

## Flu

Oil and gas are also used in the production of medicines. Most painkillers are surrounded by a film of paraffin wax, which contains oil. Other oil products are used to produce allergy medication or antibiotics.

## Volleyball

Many balls are made from synthetic materials. Golf balls, footballs, tennis balls and basketballs all contain oil products.

### Sources:

Conoco Phillips Company (<<http://www.conocophillips.com/EN/about/energy/Documents/house-diagram.swf>>). ConocoPhillips is an internationally operating energy company and the US's third largest oil company. Its headquarters are located in Houston, USA.