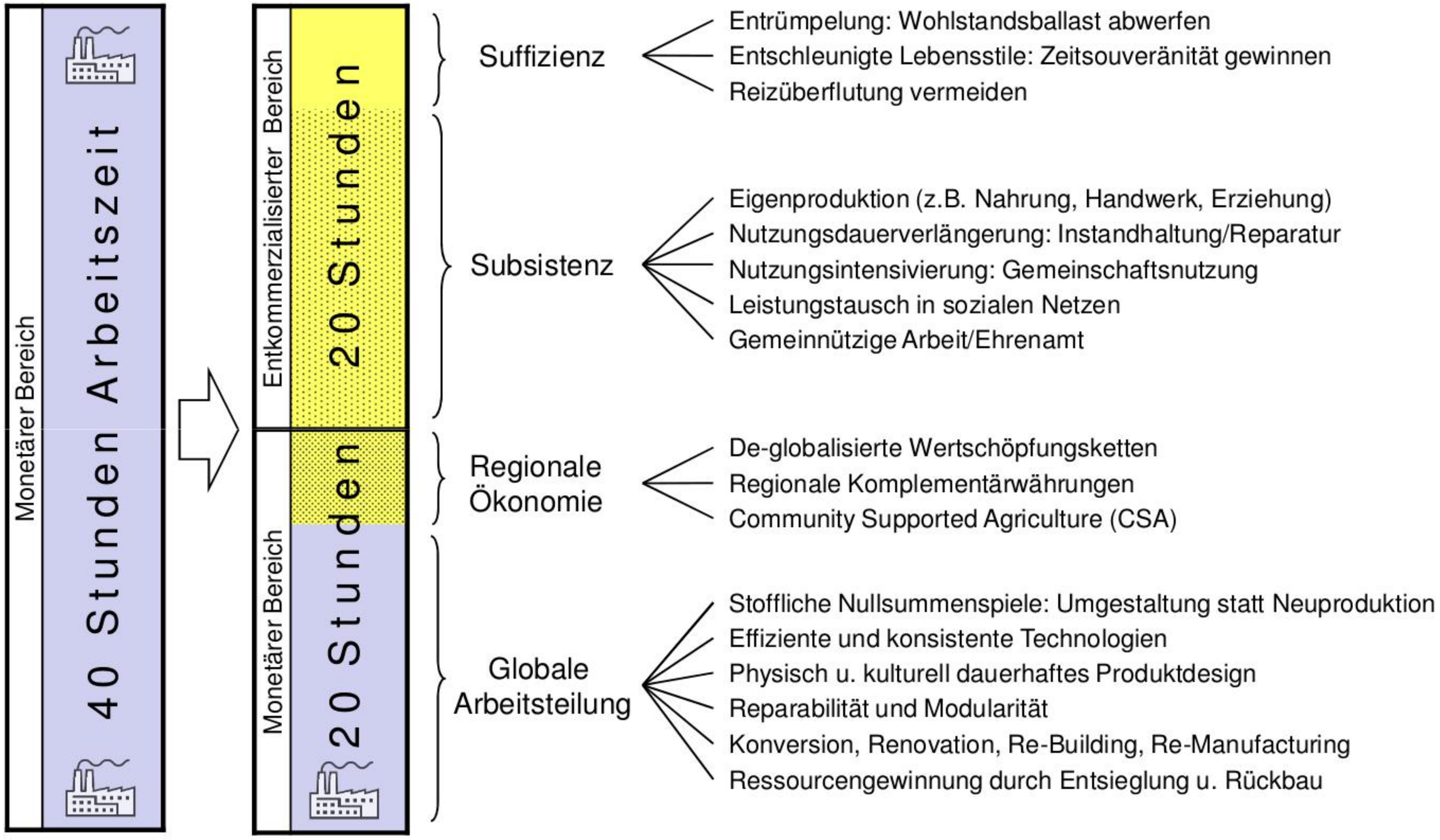Postwachstumsökonomie im Gesamtüberblick